## Division of Behavioral Health



## **Detoxification Services**

### **Detoxification Level Differences**

Ambulatory <u>with</u> extended on-site monitoring Level II-D	Clinically-Managed Residential Level III.2-D	Medically Monitored Residential Level III.7-D
Organized Outpatient service	Organized Residential Service	Organized Residential Service
Level II-D services are provided in regular scheduled sessions. They are delivered under a defined set of policies and procedures or medical protocols.  Outpatient services are designed to treat the patient's level of clinical severity and to achieve safe and comfortable withdrawal from mood-altering drugs (including alcohol) and to effectively facilitate the patients entry into ongoing treatment and recovery.	Level III.2-D services are provided with 24-hour supervision, observation and support to patients who are experiencing withdrawal. Emphasis is placed on peer and social support.	Level III.7-D services are provided with 24-hour medically supervised evaluation and withdrawal management in a permanent facility with inpatient beds. Services are delivered under a defined set of physicianapprove policies and physician-monitored procedures or clinical protocols.
Essential to this level of care is the availability of appropriately credentialed and licensed nurses who monitor patients over a period of several hours each day of services.	Essential to this level of care is to provide recipients whose intoxication/withdrawal signs and symptoms are sufficiently severe enough to require 24-hour structure and support. However, the full resources of a Level III.7-D, medically monitored residential detox service is not necessary.	Essential to this level of care is to provide recipients whose intoxication/ withdrawal signs and symptoms are so severe that they require 24-hour structure and support by medical professionals.
Pg. 145 of ASAM	Pg. 146 of ASAM	Pg. 146 of ASAM

## **Detoxification Required Conditions**

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	Ambulatory w/ Onsite  Monitoring	Clinically Managed Residential	Medically Monitored Residential
Required Conditions	<ul> <li>a) CBHS Provider OP service</li> <li>b) 24/7 Medical consult &amp; Emergency care</li> <li>c) Periodic eval of recipient condition &amp; tx to confirm safety for service</li> </ul>	a) CBHS Provider Residential service b) 24/7 access to Medical consult & care	<ul> <li>a) CBHS Provider Residential service</li> <li>b) Med eval no later than 24hrs post intake</li> <li>c) Daily monitoring</li> <li>d) 24/7 access to telephonic Medical consult</li> <li>e) 24/7 Hourly monitoring of Pt's med's if Clinically/Medically necessary</li> </ul>

## **Detoxification Services Requirements**

3. Monitoring, Assessment & 3. At least three of:  Management of intoxication 4. Use of CIWA-Ar or COWS to eval. Withdrawal  3. At least three of:  i. Med's Admin.  ii. Referral Services  iii. Dx /Transition. Plan  3. Nurse (a) monitorin		Ambulatory	Clinically Managed	<b>Medically Monitored</b>
extended on-site monitoring)  Withdrawal  v. Community Support  Services  vi. Crisis & Relapse  Planning  Planning  vii. Daily Ind. Assess.  intoxification (b) use  CIWA-Ar or COWS to  evaluate Withdrawa  vii. Daily Ind. Assess.  consultation	1 -	<ol> <li>Integrated MH/SA Intake         Assessment</li> <li>Medical Eval.</li> <li>Monitoring, Assessment &amp;         Management of intoxication</li> <li>Use of CIWA-Ar or COWS to         eval. Withdrawal</li> <li>At least three of: i-xi (for</li> </ol>	1. Integrated MH/SA Intake Assessment 2. Medical Eval. 3. At least three of:     i. Med's Admin.     ii. Referral Services     iii. Dx /Transition. Plan     iv. Eval/Tx of Intox. &         Withdrawal     v. Community Support         Services     vi. Crisis & Relapse         Planning     vii. Daily Ind. Assess.     viii. Case Mgmt     ix. Disease Mgmt     x. Urinalysis &         Breathalyzer	<ol> <li>Integrated MH/SA         <ul> <li>Intake Assessment</li> </ul> </li> <li>Medical Eval. (Re-eval by physician no later than 24hrs post admit for Methadone Pt's)</li> <li>Nurse (a) monitoring, assess. &amp; mgmt of intoxification (b) use of CIWA-Ar or COWS to evaluate Withdrawal</li> <li>24/7 Medically supervised eval &amp; consultation</li> </ol>

## **Detoxification Services Requirements**

## CBHS Provider Organizations Must:

- A. Establish Medical intervention protocols for nursing or physician care, emergency procedures, client transfer to higher level of care.
- B. Confirm services are Medically Necessary/Clinically Appropriate according to:
  - i. ASAM Placement Criteria
  - ii. DSM IV-R
  - iii. CIWA-Ar
  - iv. COWS

# **Detoxification Staff Qualifications**

Detoxification Level	Staff Qualification
Ambulatory	Physician, Physician Assistant, Advanced Nurse Practitioner, Registered Nurse supervised by a physician or advanced nurse practitioner, or a licensed practical nurse supervised by a physician or advanced nurse practitioner.
Clinically-Managed	At a minimum a substance use disorder counselor, behavioral health clinical associate, or mental health professional clinician.
Medically-Monitored	Physician, Physician Assistant, Advanced Nurse Practitioner, Registered Nurse supervised by a physician or advanced nurse practitioner or a licensed practical nurse supervised by a physician or advanced nurse practitioner.

### Detoxification Staff Qualifications Cont.

<u>All</u> staff who provide detoxification services to recipients, regardless of level of detoxification or qualifications must have the following <u>additional</u> qualifications, and competencies and be able to meet the below requirements.

#### Qualifications:

- Be currently certified in
- CPR
- Basic 1<sup>st</sup> Aid, and
- Blood and Air-borne pathogens

#### Requirements:

- Work within scope of your Education, Training, Experience and Credentials; and
- Be Supervised by Licensed Medical Personnel
- Be trained in crisis management protocol

#### Competencies:

- 1. Implementing physician-approved protocols for observation and supervision;
- 2. Implementing provider-approved protocols for medical intervention & crisis management;
- 3. Assisting in the determination of, and transfer to, appropriate level of care;
- 4. Monitoring, indentifying, treating or assisting with treatment, of symptoms of intoxication & withdrawal form alcohol or drugs;
- 5. Following Provider protocol on when to seek medical care for any symptom or treatment need of a recipient;
- Observing recipient self-administer medication and verifying that self-administration was done in accordance with the physicians prescription and all other laws, policies, and procedures; and
- 7. Monitoring a recipient's stabilized behavioral health problems and recognizing instability in a recipient with co-occurring disorders.